

CAMEROON ENCOUNTER 2019

Proposed outline of travel:

Day 1-2 Travel

Day 3 Adjustment day/Welcome to Cameroon/In Country Orientation (Yaoundé)

Day 4 & 5 Time with ELCA staff/Tour Yaounde/Market –see what’s happening on the ground

Day 6-7 Train to N’Gaoundéré

Day 7 to 13 N’Gaoundéré

Day 13/14 Travel to Yaoundé/Kribi

Day 15 & 16 Kribi

Day 17 Travel home

possibly traveling with some others from the USA for part of the time

Cost: \$4500-\$5000

Preparation:

- travel clinic consultation (individual’s cost)
 - visit (Winnipeg health site) <http://www.wrha.mb.ca/community/travel/>
one location in Winnipeg: 490 Hargrave St
 - visit (Thunder Bay health site)
<https://www.tbdhu.com/health-topics/travel/travel-clinic>
- have a valid passport (individual’s cost)
 - visit (Canadian gov’t site) <https://www.canada.ca/en/immigration-refugees-citizenship/services/canadian-passports.html>

Orientation sessions will be planned in advance of the trip to discuss logistics, role-play, do some cultural learning, and generally “get to know each other!”