



# MNO Synod Advent in Action Calendar

MON	TUE	WED	THU	FRI	SAT	SUN
Keep track of the “Tally it Up!” totals (virtual coin jar). Total collected can be sent to the MNO Synod (e-transfer via <a href="http://www.mnosynod.org/donate">www.mnosynod.org/donate</a> ). Combined donations will go to CLWR towards a mobile clinic in the West Bank		<p>“In the Box” items will be donated to The Urban (or you may donate the items you collect to a food pantry in your community). Boxes for The Urban can be dropped at your church or the Urban the first week in January, 2021.</p> <p>“Act of Kindness”: Feel free to substitute an act of kindness with a different act that inspires you more.</p>				<p><b>November 29</b></p> <p><b>Soul Care:</b> Read <a href="#">Psalm 80:7</a> and light a candle for HOPE</p>
30	December 1	2	3	4	5	6
<b>Tally it Up!</b> Pay \$1.00 for every refrigerator and freezer in your home.	<b>Act of Kindness:</b> Do a chore for someone in your family (do something unexpected around the house)	<b>In the box:</b> A jar of jam (strawberry is the favorite flavour)	<b>Act of Kindness:</b> Tell a joke to make someone laugh (or groan)	<b>Tally it Up!</b> Pay \$0.50 for every cell phone in your home	<b>In the box:</b> A jar of peanut butter	<b>Soul Care:</b> Breathe deeply for 2 minutes and light a candle for PEACE
7	8	9	10	11	12	13
<b>Tally it Up!</b> Pay \$0.10 for every year of schooling K-Uni that you have completed.	<b>Act of Kindness:</b> Make a ‘thank you’ sign for delivery drivers	<b>In the box:</b> A new toothbrush & toothpaste	<b>Act of Kindness:</b> Send a text/email/message to someone far away	<b>Tally it Up!</b> If you slept in a warm bed last night, pay \$1	<b>In the box:</b> Your choice	<b>Soul Care:</b> Smile on purpose 5 times and light a candle for JOY
14	15	16	17	18	19	20
<b>Tally it Up!</b> If you visited the doctor (in-person or virtually) this year, pay \$1	<b>Act of Kindness:</b> Buy or make a coffee or hot beverage for someone.	<b>In the box:</b> A stick of deodorant	<b>Act of Kindness:</b> Phone a grandparent, other relative or other adult who has been important to you	<b>Tally it Up!</b> Count the light switches in your house. Pay \$0.25 for each one.	<b>In the box:</b> A pack of socks	<b>Soul Care:</b> Read <a href="#">Luke 1:38</a> and light a candle for LOVE
21	22	23	24	25		
<b>Tally it Up!</b> Pay \$0.25 for every type of fresh fruit and vegetable you have in your home.	<b>Act of Kindness:</b> Send your Pastor a note of encouragement or make a positive comment on a church social media post.	<b>In the box:</b> A box of baking powder	<b>Act of Kindness:</b> Give a compliment to a friend	<b>Tally it Up!</b> Pay \$1 for every Christmas dinner that you have.		