



LIKE LIGHT

& Sand

MNO SYNOD YOUTH RETREAT

MAKING AND KEEPING TIME FOR WHOLENESS



Agenda

Conversation and fellowship with youth from other churches. Games and movies. Worship. Creative spiritual practices.



Resource Leader

Rev. Rachel Twigg is a spiritual director, retreat guide, and the intentional interim priest at St George's Anglican Church in Transcona. You can learn more about her at her website: www.revracheltwigg.com. When she's not working, she loves hanging out with friends, reading fantasy novels and petting dogs.



Theme

It's time. Time for you to claim all of who you are. Time for you to celebrate your gifts and strengths. Time for you to connect with God. Time for you to add your voice. Time to be a light.



FEB. 3-5, 2023
YOUTH (GRADE 7-12)
\$65/PERSON

register by Jan. 25, 2023

questions?
Contact your pastor or
youth leader

